

MOORLANDS SCHOOL NEWSLETTER



Letter from the Head

Dear Friends of Moorlands

Well done to KS1, who managed to raised the grand total of £106 with their book and biscuit sale last Friday afternoon! This money will be going to support the work of Diane at www.pricklypigs.co.uk in Otley and the hedgehog theme has continued this week, with some beautiful clay models being made - photos later in the newsletter.



Extra-Curricular Clubs and Holiday
Provision at Moorlands

Thank you to all the families who have responded to the survey about after-school club and holiday provision. If you haven't already, please do help us by completing the short survey. You can use the QR code or follow the link: <https://forms.office.com/e/YK8XCjjEpw>

Next Wednesday, we will be holding a Mental Health Day as part of Place2Be's Children's Mental Health Week. This year's theme is *My Voice Matters*. Place2Be has some excellent resources for parents, of which there are a couple of pages later in the newsletter and more resources can be accessed via the following link: [Place2Be: Parenting Smart: Articles](#)



As detailed in Mrs Wheelhouse's letter, we will look forward to seeing everyone dressed in clothing that expresses themselves on Wednesday - staff included! Pupils will also be creating a piece of work which reflects who they are and who they want to be. To do this, they will need to bring to school items which are reflective of themselves . . . memories of special times and anything which points towards a future ambition. These will be stuck onto their art work and are essential for all children to be able to participate We will look forward to sharing snapshots of the day in next week's newsletter!

One of the wonderful things about working in a school is that as adults, we never stop learning alongside our Moorlanders. This week, I've had British Sign Language demonstrated to me, visited a Mosque for the first time, shared a great conversation with a pupil on New Zealand and listened in on some extremely mature discussions between pupils and staff around equality of opportunity.

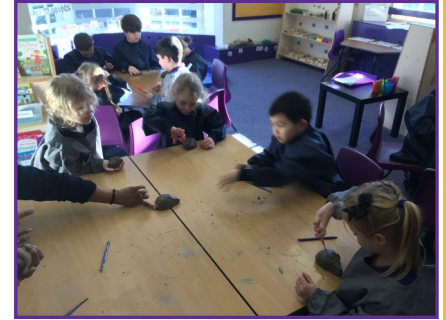
It is this breadth of education that makes our Moorlanders the well-rounded individuals that they are and I know that this is greatly valued by the senior schools they move onto. Our current Year 6 have achieved some outstanding results in their recent senior school entrance examinations. We are extremely proud of them all and looking forward to sharing these successes with you, once we have heard from a final couple of schools.

Enjoy the weekend!

Jacky Atkinson

Clay Hedgehogs

Year 1 were inspired by their hedgehog visit last week and made their own clay hedgehogs!



Year 2 have really enjoyed getting creative and making clay hedgehogs this week. First they explored using the modelling tools to create different effects, and then set to making their hedgehogs. It was wonderful to hear children exclaiming how proud of their work they were!



News from Science

Year 4 have had a great week in science, exploring how shadows are formed. We can see that light from a source is blocked by an opaque object, so the light then travels around the object, casting a shadow.



Year 3 and 4 Mosque Visit

Year 3&4 enjoyed a fascinating visit to the Makkah Mosque, kindly arranged by Zayd's Mum. We easily spotted the Mosque, as it is a very distinctive building with three minarets and a dome. When we went inside, we realised that the dome is beautifully hand-decorated with Arabic script from The Koran, this was done by an Egyptian artist and took six months to complete. Zayd and Mrs Uddin recited some of the verse from The Koran and we saw prayer beads, called subhah. There was the chance to ask lots of questions and also try dates, a fruit which are used to break the Fast in Ramadan. It was a very interesting visit and we all learnt something new!



Year 3 and 4 Mosque Visit continued .



Coding Club

In Coding Club, with Mrs Uddin, pupils have enjoyed creating name tags, dice and adding music to their microbits!



My VOICE MATTERS

Place2Be's
CHILDREN'S
MENTAL HEALTH
WEEK

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1** We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2** I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3** Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4** Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5** Don't compare my experiences to your own when you were a child.
- 6** Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7** Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8** If you are open with me about your feelings, this can help me to be more open about mine.
- 9** Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10** Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCGI8](https://bit.ly/3PzCGI8)

[For secondary children: bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT
YOUR DAY

WHAT WAS THE BEST
THING ABOUT TODAY?

WHAT IS THE BIGGEST
STRESS / WORRY IN YOUR
LIFE RIGHT NOW?

WHAT'S YOUR
ONLINE LIFE LIKE?

WHO WOULD YOU TALK
TO IF YOU WERE FEELING
WORRIED ABOUT YOUR
MENTAL HEALTH?

WHAT CAN I DO
TO HELP YOU?

February

Dates For Your Diary

| | |
|---|---|
| Mon 5th | 8.40am Assembly - Safer Internet Day - Mr Marshall 3:45pm U9/U11 Swimming Gala vs Huddersfield Grammar @ Moorlands |
| Tues 6th | Safer Internet Day 1:45pm U9 Football @ Highfield |
| Weds 7th | Children's Mental Health Day—My Voice Matters |
| Thurs 8th | Reception Class Visit to Harewood House |
| Fri 9th | 1:45pm U11 Netball @ Ashville 2:00pm U11 Football @ RHS |
| Half Term Fri 9th Feb—Mon 19th Feb | |
| Mon 19th | EYFS Heroes Topic |
| Tues 20th | 1:45pm U9 Netball @BGS |
| Weds 21st | a.m. Class Photos for Squirrels to Year 6 |
| Thurs 22nd | 2:00pm Year 4,5,6 House Swimming Gala |
| Fri 23rd | 2:00pm U11 Netball vs Huddersfield Grammar @Moorlands 2:00pm U11 Football vs Ladylane and Brackenfield @ Ladylane 4:00-6:00pm MSA Pupil Disco |
| Tues 27th | 2:00pm U9 Football @ Ghyll Royd |
| Weds 28th | Arts Day for Reception to Year 6 |
| Thurs 29th | HLC Junior Orchestra Day for Year 4, 5 and 6 pupils |
| March | |
| Fri 1st | KS1 to Pontefract Castle 2:00pm U11 Football @ GSaL |



Moorlands School

WEEK STARTING |5/02/24

EAT THE SEASONS

MAIN DISHES

MONDAY

Beef chilli con carne, steamed fragrant rice with Nachos and a cool herb yogurt

TUESDAY

Chicken and leek pie, thyme roasted baby potatoes and honey parsnips

WEDNESDAY

Toad in the hole with potatoes cooked in stock, smashed swede and carrot, onion gravy

THURSDAY

Italian style meatballs, oregano potato wedges, steamed broccoli

FRIDAY Chinese New Year

Chinese style chicken curry, stir fried vegetables, prawn crackers with egg fried rice

VEGETARIAN

MONDAY

Feta spinach and wilted rocket frittata, pickled broccoli stalk and mint

TUESDAY

Swede parsnip and turnip gratin, stock pot carrots and roasted baby potatoes

WEDNESDAY

Caramelised onion and rosemary tart with crispy cauliflower leaves and a herb oil dressing

THURSDAY

Seed pesto Kale and Orzo pasta risotto, kale and pumpkin

FRIDAY Chinese New Year

Noodles with Pak choi, carrots, mange tout and beansprout, crispy tofu and a soy dipping sauce

Daily Staples

A selection of seasonal compound & simple salads, protein platters, chutneys & dressings from your new look salad bar.

Rustic Breads
Fresh Fruit
Yoghurts & Granola
Chilled Dessert Pots

Simply Pasta or Jacket Potatoes available daily

Desserts

Monday Apricot flapjack

Tuesday Gluten free blondie

Wednesday Salted caramel cake

Thursday Incredible hulk cake

Friday Chocolate and rice pudding mousse

Supper Club

Daily changing, freshly made supper available every evening.