



## Personal, Social, Health, Citizenship and Economic Policy

### SCHOOL MISSION STATEMENT, ETHOS AND AIMS

Moorlands School was founded in 1898 and is dedicated to providing a first class education for girls and boys aged 2 to 11 years. Alongside an academically rigorous curriculum, delivered by a team of dedicated and talented staff, Moorlands recognises that children have different interests and strengths and, as such, aims to provide opportunities for all pupils, whether they enjoy academic life, sport, music, drama or art.

Whilst our expectations are high, Moorlands is nevertheless still very much a school where children can be children. The school is set in beautiful grounds and with extensive facilities, providing all of the outdoor space our Moorlanders need to play and explore in a safe and secure environment.

We take pride in our track record of successfully preparing our pupils for entry not only to the region's, but the UK's leading independent day and boarding schools, with many of our pupils excelling in entrance examinations and receiving scholarships to their chosen destinations.

#### **Ethos**

As part of the Methodist Independent Schools Trust (MIST), Moorlands School is an inclusive and unpretentious community where individuals are valued, good order is respected, relationships cherished, and where excellence in its widest sense (academic, extra-curricular, lifestyle) is pursued.

Moorlands School encourages a sense of belonging, seeks to improve lives and boldly expects the impossible. At Moorlands School, educational experiences and activities bring mind and heart, intellect and passion together. Moorlands School works in mutually beneficial partnerships with other Methodist Schools and the wider Methodist Church.

**Moorlands aims are:**

- to equip our pupils with skills, values and attitudes which enable them to play a full part in the communities and wider world to which they belong;
- to expose every member of the school community to high standards of courtesy, tolerance, honesty, responsibility and fairness;

- to cultivate a learning environment which fosters happiness, independence and a sense of purpose and direction;
- to provide a broad, stimulating curriculum, delivered by caring and capable staff, which is inclusive and opens opportunities to all
- to give our pupils the confidence to be 'Intrepide': to take risks, to try something new, to be resilient and to learn from their experience

This policy should be read alongside the Child Protection and Safeguarding Policy, the Behaviour Policy, the Anti Bullying Policy and the Cyber Bullying Policy and the Equal Opportunities Policy. The SRE policy is an inclusive part of PSHCE.

### **PSHCE AIMS AND OBJECTIVES**

At Moorlands School we believe that PSHCE helps to give pupils the knowledge, skills and understanding they need to live confident, healthy, independent lives and to become informed, active, responsible citizens well prepared for life in modern day Britain (Fundamental British Values).

- To know and understand how to live a healthy, safe life style.
- To provide children with opportunities to develop an awareness of being a good citizen as part of a larger community.
- To understand our common humanity, diversity and differences
- To understand what makes a good relationship with others and to have respect for other people.
- To enable children to understand their rights, responsibilities, duties and freedoms in the wider political world: laws, justice and democracy.
- To promote healthy attitudes and enable informed choices towards life, both physically and emotionally, by develop self-confidence and self-esteem regarding personal and social issues.
- To prepare pupils for the opportunities, experiences and responsibilities they will meet in later life
- To work together to create a peaceful school and in turn, a peaceful world.
- To involve staff, children, parents and governors in promoting this policy.

## STAFF

PSHCE is taught by class teachers. However, PSHCE is taking place all the time in school and is embedded into day to day life at Moorlands. It is reflected in the ethos of the school, the nature of relationships with, and between staff, the displays in school and the outside environment of the school.

## CURRICULUM ORGANISATION

PSHCE is taught as a discrete lesson each week in Years 1-6. Whenever possible, PSHCE will also be topic linked and will be enriched in all aspects of the curriculum and Moorlands community. Chris Quigley's personal development programme is followed.

### Early Years

PSED is a Prime area, which is broken down into Making Relationships, Self-Confidence and Self-Awareness, Managing Feelings and Behaviour. These elements encompass all aspects of life in the Early Years. At Moorlands, we encourage and support children to develop positive relationships with their peers and adults, through modelled behaviour, circle time and stories. Individuality and self-esteem are developed by a positive reward system and valuing what children do. Resources such as 'kind hands' are used to encourage positive interactions with others.

### Key Stages 1 and 2

Years 1-6 follow the scheme of work: You, Me and PSHCE. This is a progressive curriculum and covers the strands:

- Sex and relationship education (SRE)
- Drug, alcohol and tobacco education (DATE)
- Physical health and wellbeing
- Mental health and emotional wellbeing
- Keeping safe and managing risk
- Careers, financial capability & economic wellbeing
- Identity, society and equality

One topic is taught each half term to each year group alongside time allocated for class teachers to work on specific needs relevant at the time, either individual, class based or from issues in the wider world.

A programme of Personal Development begins in Year 1 and continues throughout a pupil's journey to the end of Year 6.

## **STRATEGIES FOR TEACHING**

PSHCE is taught in a supportive environment by teachers who have positive relationships with their own class. This ensures that delicate handling of specific subjects or children can be achieved as required. A range of teaching strategies are employed such as:

Discussions, films and books

Circle time

Assemblies

Buddy system

School visits and residential

Visiting speakers

Community events and charity events

Positions of responsibilities

Peer support groups

Ask Buddy Team

Wellbeing Team

Half termly Personal Development targets

Achievements are celebrated through assemblies, rewards, certificates, the school newsletter and social media accounts, displays and the awarding of positions of responsibility, a bronze/silver/gold system for achievements in Personal Development.

## **ASSESSMENT, RECORDING AND REPORTING**

Assessment is carried out by teachers in the course of the teaching and at the end of each unit. It is used to guide the progress of pupils. It involves determining what each pupil has learnt and what therefore should be the next stage in their learning. Information is reported to parents within Parent Evening consultations and within written reports.

The PSHCE coordinator monitors coverage and balance of PSHCE activities and evaluates the impact of school provision in consultation with the teachers. There is designated time in staff meetings to discuss and evaluate PSHCE.

PSHCE is recorded formally and each child has a book into which teachers place examples of work: written, pictorial, photographic amongst others.

The Student Voice are a valuable resource in assessing the impact of PSHCE. A Wellbeing pupil questionnaire is also completed annually in order to collect pupils opinions about their feelings/friendships/relationships/safety/confidence within school and at home.

Each pupil has an individual folder within which Personal Development goals and achievements are recorded and evidence collated.

### **SAFEGUARDING**

Safeguarding is a primary consideration within all aspects of life at Moorlands School. Teachers will handle topics and pupils with respect, care and support as necessary. Teachers are prepared for difficult conversations to arise during PSHCE and are clear on safeguarding procedures.

Safeguarding is everyone's responsibility.

### **EQUAL OPPORTUNITIES**

Moorlands School will ensure that all children will have an equal opportunity to develop their potential within PSHCE, regardless of gender, ability, cultural or religious background in line with the school's policy on equal opportunities. Materials and resources for lessons are chosen carefully avoiding stereotypical images. Teaching activities are aimed to ensure that they engage both boys and girls.

### **HOMEWORK**

It is school policy that no homework is set for PSHCE. However, it may occasionally be that children are asked to gather background information on a subject in order to participate fully in class discussions.

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