

MOORLANDS SCHOOL



Issue No: 16

Friday 11th February 2022

NEWSLETTER

Dear Friends of Moorlands

In recent years, we have taken part in 'Children's Mental Health Week', which is an annual event run by Place2Be, a charity focused on working with pupils, families and staff in UK schools and who advocate the importance of looking after our emotional wellbeing from an early age.

Some of the statistics quoted by Place2Be make sober reading: *'50% of those with lifetime mental health problems first experience symptoms by the age of 14' and '1 in 6 children and young people have a diagnosable mental health problem'*. If our activities and initiatives, such as the Wellbeing Room, can prevent even one child making up this number, it has to be worthwhile.

Place2Be's website also has some very useful articles and videos for parents and carers on a wide range of topics, including things such as transition to secondary school, dealing with bereavement and body image. If you are interested, please follow this link: [Children's Mental Health Week - Parents and Carers Resources/](#)

Monday's Celebration Assembly is a performance by the School Orchestra and Chamber Choir, so please do come along to the gym at 8.35 a.m. and enjoy these with us.

We are very proud of our Year 6 pupils and their successes in the senior school entrance examinations, with some outstanding individual achievements: Ishaan and Aiyla gained top 10 places at GSaL and have been offered Foundation Scholar places; at WGS, Academic Scholarships have offered to Ishaan and Lorelai and Headteacher's Awards to Lorelai and Noah and a Music Scholarship to Will, then from Ashville, Quinlan a Drama Exhibition and Oliver an Art Scholarship.

Next week I am having a break from the Newsletter . . . as it is being taken over by Mrs Doherty's Media Club! They have been beavering away in recent weeks interviewing staff, creating puzzles and even . . . I believe . . . writing a Head's letter!

Have an enjoyable weekend

Jacky Atkinson

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Year 1 have been practising using the $< >$ and $=$ symbols in Maths this week. Here are some pictures of the children playing a maths game in pairs to consolidate their learning.



News from Science

Year 5 have continued their investigations into different materials by testing the strength of various paper types.



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News from French

Terrifying times for Madame McIntyre in languages this week, as **Year 4** performed a role play about festivals in French. Can you guess which festival was mentioned in their dramatic pieces?



Reception took full advantage of Children's Mental Health Week. On Tuesday, they talked about emotions and the things that made them happy or sad. Many of the Reception children said night times were scary and they worried about bedtime so they made their own worry worms to help them feel brave. The worry worms even joined in with the daily meditation.



On Wednesday, Reception made banana bread and finished off the day by joining the Foxes for story time and hot chocolate. Children's Mental Health week was a fantastic opportunity to explore emotions and to encourage the children to share their thoughts. It also highlighted the importance of supporting our friends, and being mindful about how others might feel in certain situations. A successful week all around!



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Sports Report

KS1 &2 enjoyed their gymnastics lessons focusing on partner balances. High levels of communication and teamwork were required along with balance, strength and flexibility. Our pupils were inspired by the staff's human pyramid at the Christmas concert!



In Humanities, **Year 3 and Year 4** have been really busy designing and painting their Roman Shields! The children researched the different geometric designs, exploring the significance of colour and why they were so effective in the Roman Empire. Some superb designs!

And on Wednesday, for Mental Health Week, Year 3 and Year 4 enjoyed a lovely spring afternoon in The Hollies. The children had a great time walking, playing in the stream and enjoying nature!



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This week Moorlands has supported Place2Be's **Children's Mental Health Week**. Across the school there has been a focus on positivity, thinking about how to deal with problems and anxieties, reflections on past experiences and how we learn from these and encouragement to look to the future. From mindfulness to well-being walks, from writing letters of advice to past selves to finding comparisons in the way we flourish and grow like the hungry caterpillar or ugly duckling, from planting cress seed heads to considering how support and kindness encourages growth, and of course the opening of the Well-being room. Our Moorlanders have experienced a range of activities designed to promote positive mental health. The week ended with a 'Dress to Express' yourself day and a rendition in assembly of 'This is Me' from The Greatest Showman. Thank you for the donations for Place2Be, £160 has been raised in support of the charity.

Mrs Wheelhouse

**DO NOT JUDGE
ME BY MY SUCCESSES,
JUDGE ME BY HOW MANY TIMES
I FELL DOWN AND GOT
BACK UP AGAIN**

NELSON MANDELA



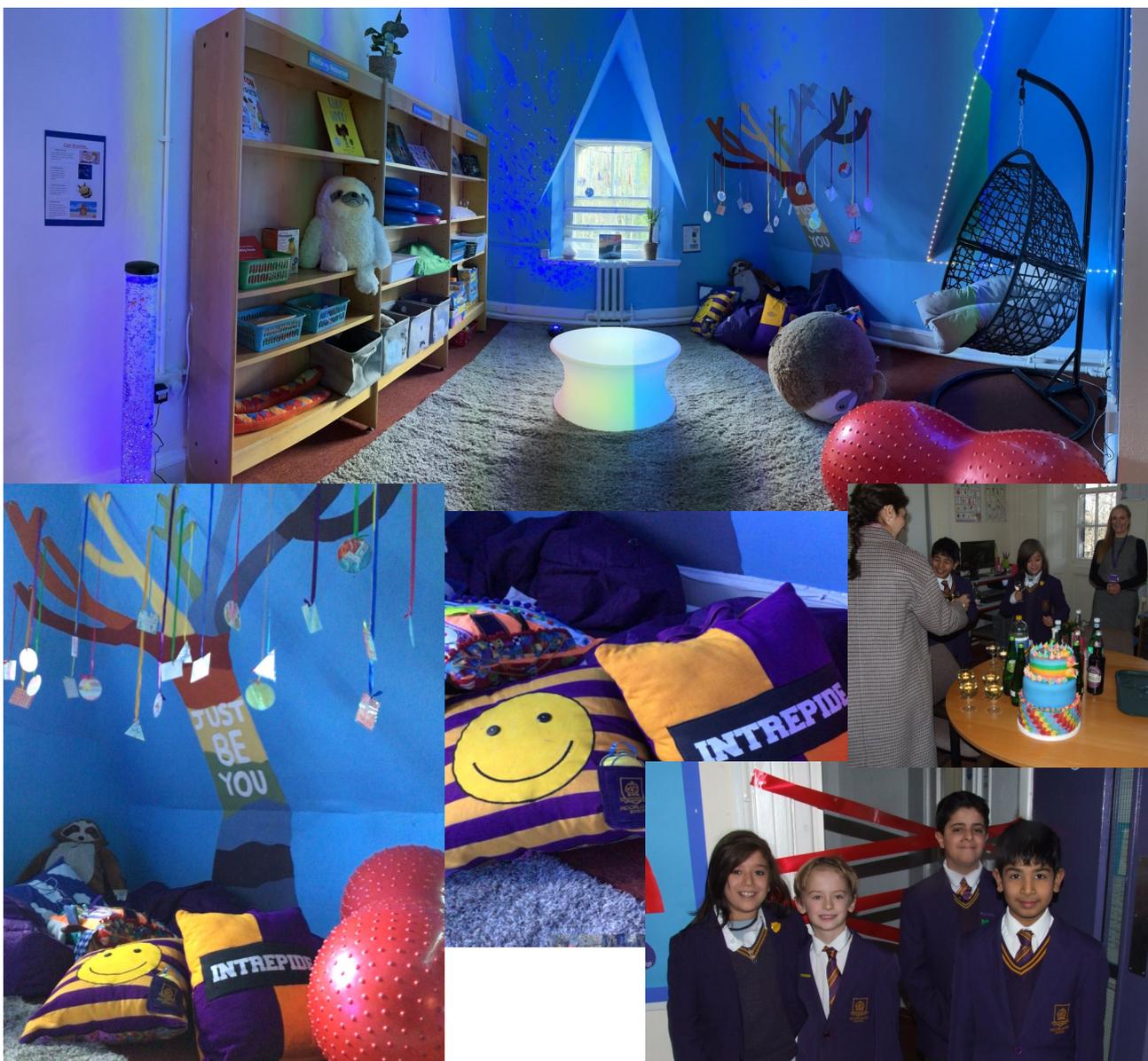
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Grand Opening of the Moorlands' Wellbeing Room

On Thursday 10th February the Wellbeing team hosted a special moment in the history of Moorlands with the grand opening of the Wellbeing Room. After six months of fund raising, planning, decorating and research the room is now equipped with sensory lighting, an egg chair, cushions, diffusers, a bubble tube, a star light and the most impressive light-up table. The shelves are stacked with resources aimed to help children with a range of needs from anxiety and stress, to physical development and it is also a safe space to talk and be with friends.

Thank you to the Well-being Team, Joseph, Archi, Louis and Adam - encouraged and guided by Mrs Wheelhouse and Mrs Irwin - for all your hard work and to the MSA for your generous contribution. We look forward to seeing all children from Moorlands benefit from this room in the future.



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Dates for your diaries . . .

Monday 14th February	8.35 am Celebration Assembly for parents with Orchestra and Chamber Choir Bushcraft for Years 2,4 and 6
Tuesday 15th February	2pm U9 Netball and Football Vs Froebelian
Wednesday 16th February	KS1 Pontefract Castle Year 3&4 to Murton Park for a Roman Day
Thursday 17th February	2-4pm House Swimming Gala Year 3-6
Friday 18th February	U11 Netball and Football Vs Froebelian School closes for Half Term
Monday 28th February	School returns 8.35am Arts week Introductory Assembly - parents welcome
Tuesday 1st March	U9 Netball Vs Bronte@Moorlands, 2.15pm U9 Hockey Festival, 2pm @ Adel Sports Club
Friday 4th March	U11 Netball Vs Bronte @ WGS, 2.15pm U11 Hockey Festival 2pm @ Adel HC

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tikka	Roast Pork Served with Apple Sauce	Beef/Pork Bolognese	Homemade Chicken Pie	Pepperoni Pizza
Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option
Vegetable Curry	Vegetable Quiche	Quorn Bolognese	Roast Vegetable Pie in a Cream Sauce	Cheese & Tomato Pizza
Basmati Rice, Garden Peas and Naan Bread	Buttered New Potatoes, Broccoli, Carrots, Yorkshire Pudding and Gravy	Pasta, Sweetcorn and Garlic Bread	Creamy Mashed Potatoes, Green Beans and Gravy	Chips & Peas
Jacket Potato Cheese & Beans	Jacket Potato Beans & Tuna	Jacket Potato Cheese & Beans	Jacket Potato Beans & Tuna	Jacket Potato Cheese & Beans
Homemade Flapjack	Vanilla Ice Cream served with a biscuit	Rice Pudding served with a warm Jam	Chocolate Crispy	Dessert Selection
Yoghurt Fresh Fruit Fruit Pots	Yoghurt Fresh Fruit Fruit Pots	Yoghurt Fresh Fruit Fruit Pots	Yoghurt Fresh Fruit Fruit Pots	Yoghurt Fresh Fruit Fruit Pots